

# Old Fashioned Chicken

(4 servings)

## Ingredients

- 1 tablespoon salad oil
- 1 3 1/2 lb. broiler-fryer, cut up
- 1 medium sized onion, chopped
- 3 tablespoons all-purpose flour
- 6 medium-sized red potatoes, quartered
- 1 12 oz. bag baby carrots
- 2 chicken-flavor bouillon cubes
- 1/4 teaspoon pepper
- parsley

## Directions

1. Brown chicken in oil.
2. In drippings, brown onions.
3. Stir in flour and cook 1 minute.
4. Gradually stir in 2 cups water.
5. Cook, stirring, until mixture boils and thickens slightly; pour over chicken.
6. Stir in