

# Alfredo Sauce Supreme Recipe

Serves/Makes: 2

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Ready in: < 30 minutes Difficulty: 3 (1=easiest  
:: hardest=5)

## Ingredients

- 1 tablespoon olive oil
- 2 cloves garlic – pressed
- 1 package (8 oz size) cream cheese – cut up
- 2/3 cup fresh Parmesan cheese – grated (more if desired)
- 1/2 cup butter
- 1/2 cup whipping cream – or half and half
- 1/8 cup milk – optional

## Directions

1. In a large saucepan lightly cook the garlic (DO NOT BROWN).
2. Add the cheeses, butter, cream and milk, whisking constantly until smooth. If the sauce is too thick, you may want to add a little milk.
3. Toss fettuccini lightly with sauce, coating well.
4. This recipe is easily doubled.